ABSTRACT OF THE DISCLOSURE

An air bladder packing system having an inflatable center body and extensions therefrom. The center body is generally for placement on top of an item placed in an outside box while the fingers are designed for positioning in the spaces between the item and the walls of the box. After placement, the air bladder is inflated to span the space between the item and the box, thereby securely holding the item in the box and providing protection against shifting during transport and providing impact protection.